

THE PARTY STARTS WHEN YOU PARTY SMART

97%

of MSU students watch out for friends to make sure they stay safe on St. Patrick's Day.

Know Your Solo!

Different drinks contain different concentrations of alcohol; a "standard drink" contains 1/2 ounce of 100% pure alcohol:



**1.5 oz
Liquor**
≈ 40% ABV



**5 oz
Wine**
≈ 12% ABV



**12 oz
Standard
Beer**
≈ 5% ABV



Medical Amnesty protects you and your friends from legal trouble. Call 911 if you suspect a friend has alcohol poisoning and stay until help arrives.

Things to remember...

Of all MSU students who choose to drink:



60% alternated non-alcoholic with alcoholic beverages



72% cut themselves off before they've had too much to drink



89% made arrangements to get home safely

The "real college experience" doesn't have to include alcohol. Nearly one in three MSU students chooses not to drink.



Scan the QR code for more tips on how to party smart!



Health Promotion
University Health and Wellbeing
MICHIGAN STATE UNIVERSITY

Call: (517) 353-0718
Visit: healthpromotion.msu.edu

Data Source: 2022 MSU U Celebrate Survey, N=843



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